



**POLITEKNIK KESEHATAN TNI AU ADISUTJIPTO YOGYAKARTA**  
**KONTRAK KULIAH**

Nama Dosen Pengampu	Pristina Adi Rachmawati . S . Gz . , M . G12	
Mata Kuliah	Gizi Penerbangan	
Kelas	G . 105	
Program Studi	Gizi TK II	
Semester	3	
Tahun Akademik	2024 / 2025	
<b>Mekanisme Penilaian</b>		<b>Ketentuan lain yang harus dipenuhi</b>
<b>Item Penilaian</b>	<b>Bobot</b>	<ol style="list-style-type: none"><li>1. Kehadiran kuliah teori mahasiswa minimal 75% dari total tatap muka.</li><li>2. Kehadiran kuliah praktek mahasiswa minimal 80%.</li><li>3. Seluruh tugas harus dikumpulkan.</li><li>4.</li><li>5.</li><li>6.</li><li>7.</li></ol>
- Ujian Akhir	...30...%	
- Ujian Tengah Semester	...30...%	
- Tugas/Kuis	...20...%	
- Kehadiran	...10...%	
- Sikap / <i>keaktifan</i>	...10...%	
- .....	.....%	
- .....	.....%	
- .....	.....%	
<b>TOTAL</b>	<b>100%</b>	
<b>Hal- hal yang perlu disampaikan</b>		

Yogyakarta, 03 Oktober 2024

Perwakilan Mahasiswa

( ANGGI KHOIRUL . U )

Dosen Pengampu

( PRISTINA AR . SGZ MGRS )



# YAYASAN ADI UPAYA (YASAU) POLITEKNIK KESEHATAN TNI AU ADISUTJIPTO

Jalan Majapahit (Janti) Blok R Lanud Adisutjipto Yogyakarta  
Website: poltekkesadisutjipto.ac.id, Email : admin@poltekkesadisutjipto.ac.id



POLTEKES ADISUCIPTO

## DAFTAR HADIR PESERTA KULIAH

Mata Kuliah : [GIZ-5310/A] Gizi Penerbangan  
Jadwal : Kamis, 13:00 - 18:30, G105  
Dosen Pengasuh : MARISA ELFINA  
PRISTINA ADI RACHMAWATI

Semester : Semester Ganjil 2024/2025  
Jumlah Peserta : 26

NO.	NO. INDUK	NAMA	TANGGAL & PARAF MAHASISWA														Σ	
			3/10	10/10	17/10	24/10	31/10	7/11	14/11	21/11	28/11	5/12	12/12	19/12	26/12			
1	23220001	MUTIARA DESTIN PARENDRA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	13
2	23220002	NATASYA KRISTINA IYUNG KIYEN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	2
3	23220003	SEPTI SUSILOWATI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	11
4	23220004	NADIRA APRIANA DEWI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	1
5	23220005	DESTILA ARUM DELIMA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	6
6	23220006	AWALIA KHOIRUN NISA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	3
7	23220008	NAJWA LATIFAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	5
8	23220009	MUHAMMAD FARHAN ARIZA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	5
9	23220010	LAELI PURNAMA SARI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	4
10	23220011	LATHIFAH NURAINI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	2
11	23220012	SALMA AZZAHRA PUTRI SUSENO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	6
12	23220013	SANIA SALSABILLA YONANDA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	1
13	23220014	ERIN AMALIA PUTRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	6
14	23220015	FASYA NANDA ALIYYAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	5
15	23220016	HELEN RISKI PURNAMA NOVITA PUTRI HARIAWATI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	4
16	23220017	BUDI TRIKUSWORO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	6
17	23220018	ALBERTUS FAJAR KRISMAHENDRA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	5
18	23220019	RIDHO HANDI WITRIATMOKO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	4
19	23220020	ANGGI KHOIRUL UMAMAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	1
20	23220021	WAHYUDHY RAMADHAN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	3
21	23220022	MUHAMMAD AMIN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	2
22	23220023	REVA PERMATA PUTRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	3
23	23220024	BAMBANG INDRA PRANATA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	1
24	23220025	SHELLA DANIAN AL FITRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	2
25	23220026	ANANDITA PUTRI ANDRIYANI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	1
26	23220027	GINADA DWI WAHYUDIANTARI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	2
PARAF DOSEN			[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	

- PERHATIAN :
- Mahasiswa Dilarang Menambah Nama Pada Lembar Absen Yang Telah Disediakan
  - Mahasiswa Yang Tidak Mengumpulkan Kartu Rencana Studi Tidak Berhak Mengikuti Perkuliahan
  - Mahasiswa Yang Namanya Tidak Tercantum Dalam Lembar Absen Kehadirannya Dianggap Alpa
  - Kehadiran Kurang Dari 75% Mahasiswa Tidak Dapat Mengikuti Ujian Semester

Yogyakarta,  
Ketua program Studi

NIDN.

# POLITEKNIK KESEHATAN TNU ADISUTJIPTO

## CATATAN KEGIATAN PROSES PEMBELAJARAN

Mata Kuliah/Kode MK/SKS  
Semester/Tahun Ajaran  
Prasyarat dari Mata Kuliah  
Dosen dan Paraf Dosen  
Kelas  
Jumlah Mahasiswa

: Gizi Penerbangan  
: 3/2024/2025  
: Pristino Adi Rachmawati, S.Gz., M.Giz  
: G.105  
: 26 mahasiswa

Minggu Ke	Rencana Program (sesuai RPP/silabus)	Pelaksanaan			Tugas dan Bobot	Jumlah Mahasiswa	Paraf Dosen	Paraf Mahasiswa
		Tanggal	Jam	Materi Kegiatan				
-1	-2	-3	-4	-5	-6	-7	-8	-9
1	Pengantar gizi penerbangan	3 Okt 2024	13.00 - 13.50	Pengantar-gizi pnb			<i>Pr</i>	<i>Pr</i>
2	Penentuan status gizi penerbangan	10 Okt 2024	13.50 - 14.40	PSG penerbang			<i>Pr</i>	<i>Pr</i>
3	Kebutuhan zat gizi makro penerbang	17 Okt 2024	14.40 - 15.30	Zat gizi makro pnb			<i>Pr</i>	<i>Pr</i>
4	Kebutuhan zat gizi mikro penerbangan	17 Okt 2024	15.30 - 16.20	Zat gizi mikro pnb			<i>Pr</i>	<i>Pr</i>
5	Cairan bagi penerbang	24 Okt 2024	13.00 - 13.30	Cairan bagi pnb			<i>Pr</i>	<i>Pr</i>
6	Preflight nutrition	31 Okt 2024	13.00 - 13.30	preflight nutrition			<i>Pr</i>	<i>Pr</i>
7	Inflight nutrition	7 NOV 2024	13.00 - 13.30	Inflight nutrition			<i>Pr</i>	<i>Pr</i>
UTS								
9	Postflight nutrition	28 Nov 2024	13.00 - 13.30	Postflight nutrition			<i>Pr</i>	<i>Pr</i>
10	<del>Polapoli</del> Pola perilaku diet Penerbang	5 Des 2024	13.00 - 14.15	<del>Polapoli</del> Pola perilaku diet Penerbang			<i>Pr</i>	<i>Pr</i>
11	Suplementasi untuk penerbang	12 Des 2024	13.00 - 13.30	suplementasi untuk penerbang			<i>Pr</i>	<i>Pr</i>
12	Masalah gizi penerbang	12 Des 2024	13.30 - 14.30	masalah gizi penerbang			<i>Pr</i>	<i>Pr</i>
13	Penyelenggaraan makan bagi penerbang	19 Des 2024	13.00 - 14.00	Penyelenggaraan makan			<i>Pr</i>	<i>Pr</i>
14	Penyelenggaraan makan bagi penerbang	19 Des 2024	14.00 - 14.30	penyelenggaraan makan			<i>Pr</i>	<i>Pr</i>
15	Penyelenggaraan makanan bagi penerbang	19 Des 2024	14.30 - 15.00	Penyelenggaraan makan			<i>Pr</i>	<i>Pr</i>
UAS								

Dosen Pengampu

*Pristino*  
Pristino Adi R., S.Gz., M.Giz

Mengetahui,  
Kepala Bagian Administrasi Akademik

*Nanik*

Nanik Suwarnik, SKM  
11808008



**YAYASAN ADI UPAYA (YASAU)  
POLITEKNIK KESEHATAN TNI AU ADISUTJIPTO**

Jalan Majapahit (Janti) Blok R Lanud Adisutjipto Yogyakarta  
Website: poltekkesadisutjipto.ac.id, Email: admin@poltekkesadisutjipto.ac.id



**DAFTAR HADIR PESERTA PRAKTIKUM D3 GIZI**

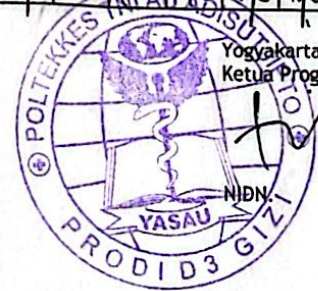
Mata Kuliah : Gizi Penyeimbangan  
Jadwal : Kamis  
Dosen Pengampu : Pristina Adi Rachmawati, S.Gz., M.Gizi.  
Marisa Elfina, S.T.Gizi., M.Gizi

Semester : III (TA 2024/2025)  
Jumlah Peserta : 27

NO.	NO. INDUK	NAMA	TANGGAL & PARAF MAHASISWA													
			3/10	10/10	17/10	24/10	31/10	7/11	14/11	21/11	28/11	5/12	12/12	19/12	26/12	
1	20220004	MUHAMMAD AULIA KARIM AMRULLAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
2	23220001	MUTIARA DESTIN PARENDRA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
3	23220002	NATASYA KRISTINA IYUNG KIYEN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
4	23220003	SEPTI SUSILOWATI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
5	23220004	NADIRA APRIANA DEWI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
6	23220005	DESTILA ARUM DELIMA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
7	23220006	AWALIA KHOIRUN NISA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
8	23220008	NAJWA LATIFAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
9	23220009	MUHAMMAD FARHAN ARIZA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
10	23220010	LAELI PURNAMA SARI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
11	23220011	LATHIFAH NURAINI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
12	23220012	SALMA AZZAHRA PUTRI SUSENO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
13	23220013	SANIA SALSABILLA YONANDA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
14	23220014	ERIN AMALIA PUTRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
15	23220015	FASYA NANDA ALIYYAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
16	23220016	HELEN RISKI PURNAMA NOVITA PUTRI HARIAWATI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
17	23220017	BUDI TRIKUSWORO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
18	23220018	ALBERTUS FAJAR KRISMAHENDRA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
19	23220019	RIDHO HANDI WITRIATMOKO	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
20	23220020	ANGGI KHOIRUL 'UMAH	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
21	23220021	WAHYUDHY RAMADHAN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
22	23220022	MUHAMMAD AMIN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
23	23220023	REVA PERMATA PUTRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
24	23220024	BAMBANG INDRA PRANATA	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
25	23220025	SHELLA DANIAN AL FITRI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
26	23220026	ANANDITA PUTRI ANDRIYANI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
27	23220027	GINADA DWI WAHYUDIANTARI	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
		PARAF DOSEN	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	

**PERHATIAN:**

- Mahasiswa Dilarang Menambah Nama Pada Lembar Absen Yang Telah Disediakan
- Mahasiswa Yang Tidak Mengumpulkan Kartu Rencana Studi Tidak Berhak Mengikuti Perkuliahan
- Mahasiswa Yang Namanya Tidak Tercantum Dalam Lembar Absen Kehadirannya Dianggap Alpa
- Kehadiran Kurang Dari 75% Mahasiswa Tidak Dapat Mengikuti Ujian Semester





**YAYASAN ADI UPAYA (YASAU)**  
**POLITEKNIK KESEHATAN TNI AU ADISUTJIPTO**  
Jalan Majapahit (Janti) Blok R Lanud Adisutjipto Yogyakarta  
Website: poltekkesadisujipto.ac.id, Email: admin@poltekkesadisujipto.ac.id



Tahun Akademik : 2024/2025 (Semester Gasal)  
Prodi : Gizi  
Mata Praktikum : Gizi Penerbangan  
Nama Dosen : 1. Pristina Adi Rachmawati .S.Gz., M. Gizi  
2. Marisa Elfina. S.T. Gizi., M. Gizi

**ABSENSI DOSEN PENDAMPING PRAKTIKUM**

No	Tanggal	Judul Praktikum	Waktu	Sesi	Dosen Praktikum	Paraf
1.	10 Okt 2024	Penentuan Status Gizi Penerbang	13.00 - 13.50	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
2.	10 Okt 2024	Penentuan Status Gizi penerbang	13.50 - 14.40	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
3.	17 Okt 2024	Kebutuhan Zat Gizi makro penerbang	14.40 - 15.30	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
4.	17 Okt 2024	Kebutuhan Zat Gizi mikro penerbang	15.30 - 16.20	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
5.	24 Okt 2024	Cairan bagi penerbang	13.00 - 13.30	Study Laporan	Marisa Elfina .S.T.Gizi., M. Gizi	ip
6.	31 Okt 2024	Preflight nutrisi	13.00 - 13.30		Marisa Elfina .S.T.Gizi., M. Gizi	ip
7.	7 Nov 2024	Inflight nutrisi	13.00 - 13.30		Marisa Elfina .S.T.Gizi., M. Gizi	ip
8.	28 Nov 2024	Postflight nutrisi	13.00 - 13.30		Marisa Elfina .S.T.Gizi., M. Gizi	ip
9.	5 Des 2024	Pola perilaku penerbang	13.00 - 14.15	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
10.	12 Des 2024	Suplementasi untuk penerbang	13.00 - 13.30	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
11.	12 Des 2024	Masalah gizi penerbang	13.30 - 14.30	Study Laporan	Pristina Adi Rachmawati .S.Gz.M.Gizi	ip
12.	19 Des 2024	Penyelenggaraan makan bagi penerbang	13.00 - 14.00		Marisa Elfina .S.T.Gizi., M. Gizi	ip
13.	19 Des 2024	Penyelenggaraan makan bagi penerbang	14.00 - 14.30		Marisa Elfina .S.T.Gizi., M. Gizi	ip
14.	19 Des 2024	Penyelenggaraan makan bagi penerbang	14.30 - 15.00		Marisa Elfina .S.T.Gizi., M. Gizi	ip

Mengetahui,  
Ka. Laboratorium terpadu

Dr. apt. Nunung Priyatni W, M.Biomed